

## Loving Her.....Even When She's Unloving

The key to loving others, especially when they're not loving us is to focus on God. This means to focus on your part in the relationship and how we can grow in the relationship. If we are living and breathing we ALL have our own flaws or short comings that we can work on. Suggestions might be to begin going to counseling (individual or couples), attending a local men's support group or bible study, and attending a local Christian church.

The un-healthy focus is when we are being controlling, or manipulating, or demanding in the relationship, rather than focusing on God. An example of this is when your mate treats you poorly in the relationship, in a negative manner, you react to our mate. The healthy approach is to focus on God, and what God might want us to do or focus on what he wants us to learn in the relationship.

God's Word tells us that we are commanded to love the un-Godly people in our lives, even if we don't feel like it. This does not mean we are to forget the injustice done to us, or that we are not to set loving boundaries. Our job is to be pro-active with God.... and as much as possible surrender to His plan for you and the relationship in a loving manner. Know that by just ignoring the problems they won't go away. The healthiest way is to begin addressing the issues head on quickly .....pro-active with God.

*Whoever does not love does not know God, because God is love.*

1 John 4:8 (NIV)

*And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them. This is how love is made complete among us so that we will have confidence on the day of judgment: In this world we are like Jesus. There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.*

1 John 4:16-18 (NIV)

- 1) What are we all to do no matter what may be going on in the relationship? \_\_\_\_\_  
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- 2) What can you do in your current relationship to own your part in the relationship? Examples might be; to attend individual counseling (or couples), attend a men's only bible study, a men's support group, begin attending a local Christian church, or attend marriage seminars. \_\_\_\_\_  
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*Be completely humble and gentle; be patient, bearing with one another in love. <sup>3</sup> Make every effort to keep the unity of the Spirit through the bond of peace.*

Ephesians 4:2-3 (NIV)

- 3) In the three verses above and below, circle and list the key traits to loving others as God tells us to do in his words, even if we do not feel like it. \_\_\_\_\_  
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**“My job is to love God and love others. My job is NOT to get people to love and respect me, or to get things to turn out a certain way.”**

Quote Dr. Bob Hughes ----Author: Love Focused ([www.lovefocused.com](http://www.lovefocused.com))